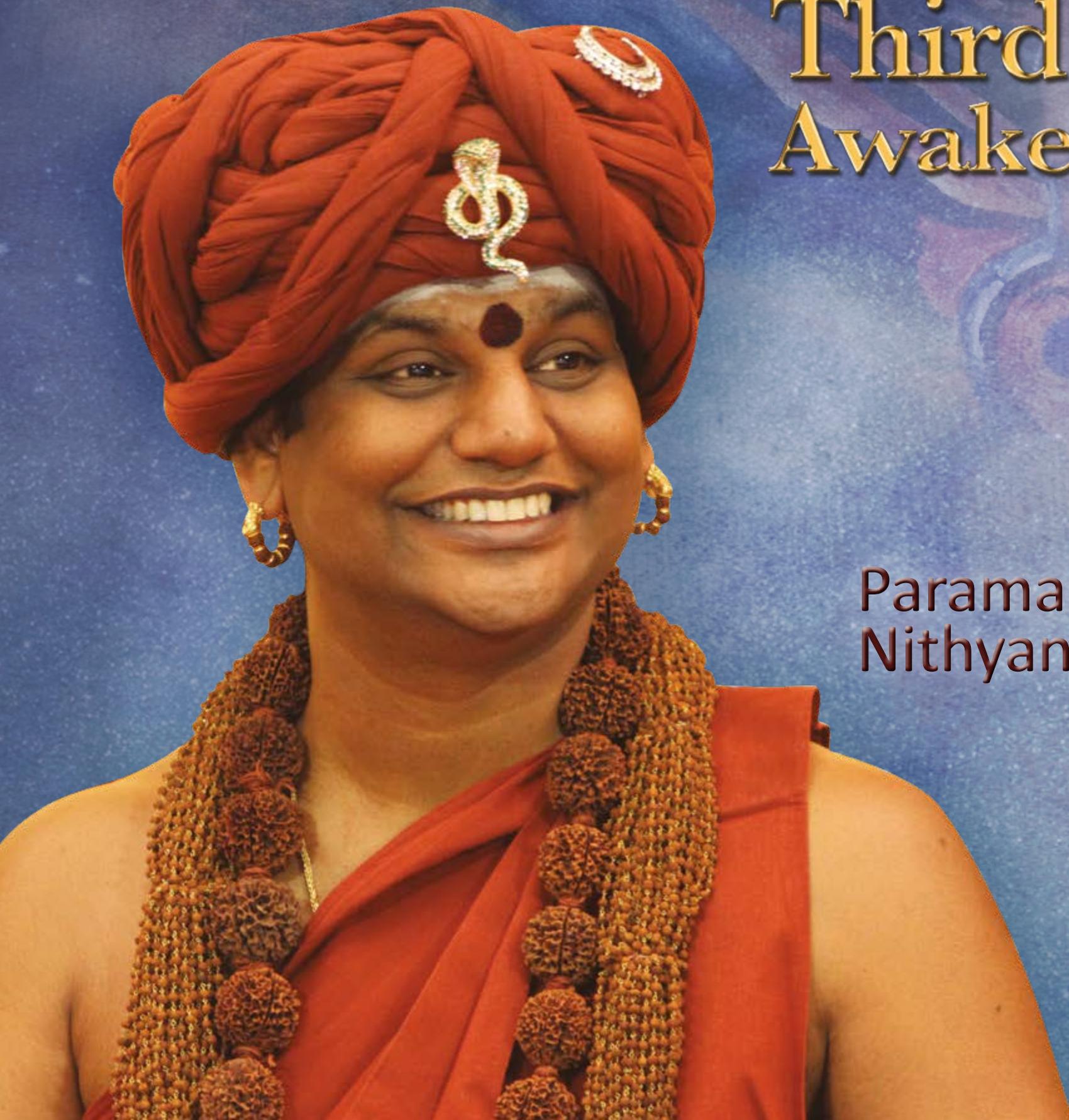


Secrets of
Third Eye
AwakeningSM



Paramahansa
Nithyananda

*Varanasi, India - the third eye of Lord Shiva,
where He eternally resides blissfully*



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Vedic Tradition, The Origin of All Mystic Powers

In the Vedic Times, the Rsis, Yogis and the Enlightened Ones lived enlightenment with extraordinary powers tuned to their normal everyday living. As the Seers, their Divine Eyes gazed beyond the plurality of the 'seer', 'the act of seeing' and 'seen'; far from the confines of inside and outside or far and near, past or future! In other words, they lived with the awakened third-eye, which is consciously seeing the Reality as it is - beyond the limited perceptions of the mind, senses and emotions.

The infinite treasures of vedic spiritual texts – Vedas, Agamas and Puranas – the ultimate authorities of truth, give us the history, technology and sciences to live blissfully with peak intelligence (buddhi), energy (shakti) and perfected powers (siddhis) to realize and live our highest human potential – Advaita (oneness) with all that is.

Third Eye, The Seat of All Yogic Powers & Intelligence

Lord Shiva, Adiyogi Mahadeva is the source of consciousness and lord of all mystic yogic powers. He transmits the science of awakening the yogic powers through the disciplic succession of Enlightened Masters and Incarnations for the evolution of each soul (jeeva) to realize its oneness with Shiva – 'SHIVOHAM' (I am Shiva. I am Divine).

Mahadeva himself resides in the third-eye or *trinetra* with His infinite power, Kundalini Shakti. The most vital and unique mystic power gifted by Lord Shiva to the Universe is – awakening of the third eye or ajna chakra. In the Vedic tradition, the eternally living civilization, spirituality starts with Third Eye. There is no Master in the east who has not worked on awakening the Third Eye. All the Hindu Devas and Devis (Gods and Goddess) are visually seen with three eyes. It means that only if your Third Eye is awakened you can become God, not otherwise.

Third Eye in Vedic India

The Third Eye is deeply connected to Lord Shiva and His own blissful home – Varanasi, the spiritual capital of the world. Varanasi is the DNA of Vedic tradition where death itself is a liberation. So, Third Eye is Shiva's abode or *Shivaloka*, from where He expresses His all-auspiciousness and powers.

In Sanskrit we have a proverb, "If you die in Varanasi, you will achieve liberation." 'Vara-nasi' means: Third-Eye – the space between your nose and eyebrows. If your identity dies in Varanasi, when you leave your awareness at the Third Eye, you will become enlightened.

The Awakened Yogis and Masters of Vedic India have done deep research and fiery penances to explore the powers of Third Eye, for the supreme benefit of humanity. In vedic history, there are countless incidents of Enlightened Masters initiating their disciples and enriching humanity through the powers of Third Eye vision. For example:

◆ Maharishi Valmiki wrote the whole scripture Ramayana (divine poetic narrations of Lord Rama) by accessing the cosmic records of every minute happening, feeling and experience through His Third-Eye vision.

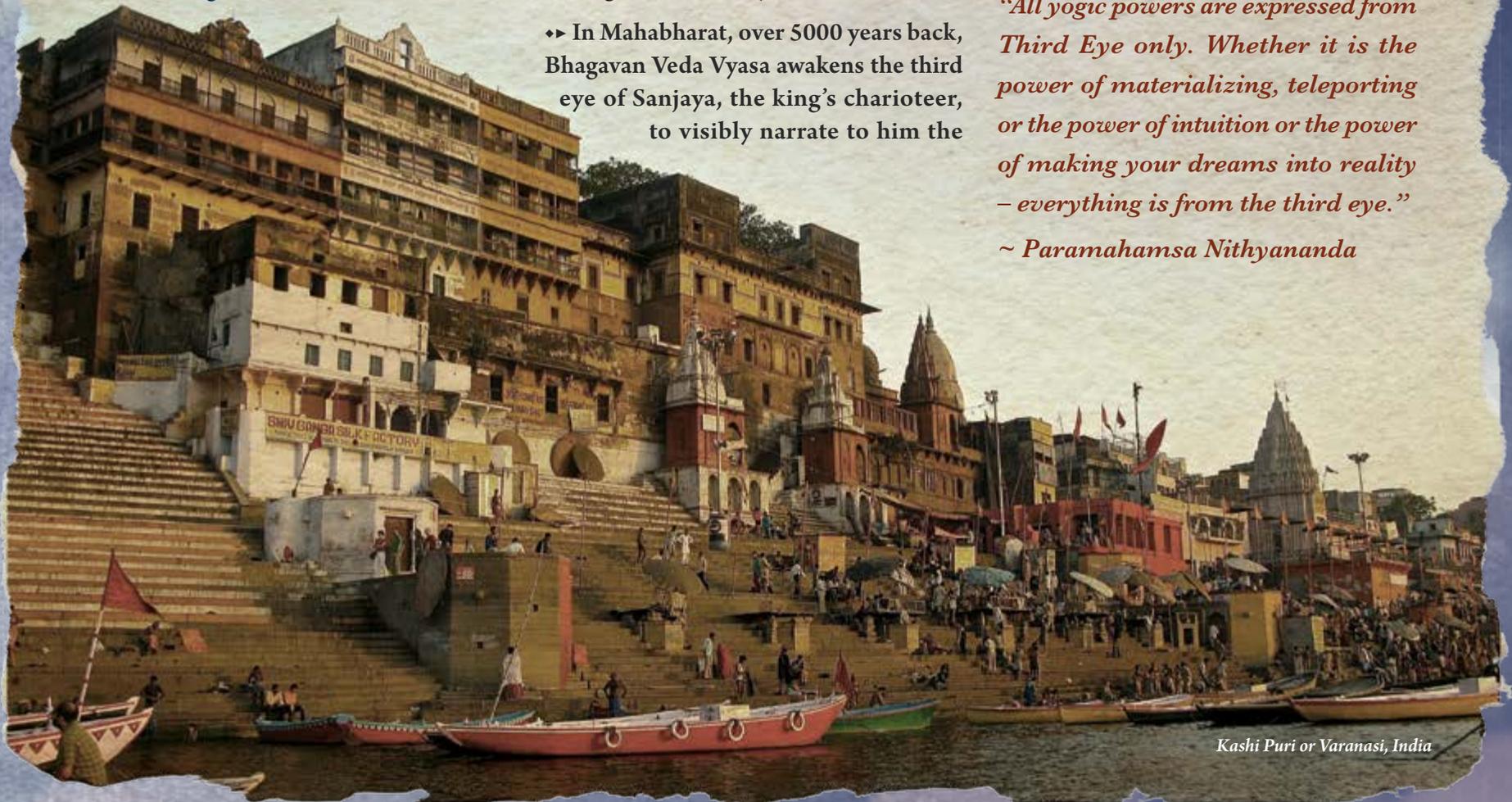
◆ In Mahabharat, over 5000 years back, Bhagavan Veda Vyasa awakens the third eye of Sanjaya, the king's charioteer, to visibly narrate to him the

happenings and even the mind-set of Kurukshetra warriors, as it was unfolding thousands of miles away, just like a Live TV relay connection.

◆ Bhagavan Sri Krishna gifts the third-eye vision to his dear devotee, disciple Arjuna, amidst the waging war-field of Kurukshetra during the Bhagavad Gita. He says – *"divyam dadāmi te cakṣuḥ (11.8) – Oh Arjuna, let me give you the Divine Eyes, without which you will not be able to see the inconceivable mystic power."* And opens His third-eye, through which Arjuna has the rarest spiritual, cosmic experience.

"All yogic powers are expressed from Third Eye only. Whether it is the power of materializing, teleporting or the power of intuition or the power of making your dreams into reality – everything is from the third eye."

~ Paramahansa Nithyananda



Kashi Puri or Varanasi, India



“All the extraordinary spiritual, mystical traditions continuously work on awakening the Third Eye. It is the easiest, most powerful way of awakening yourself to higher dimensions. Third Eye is an important power which is stored in every human being. It is a possibility in every human being. We need to awaken it. We need to make it as reality.

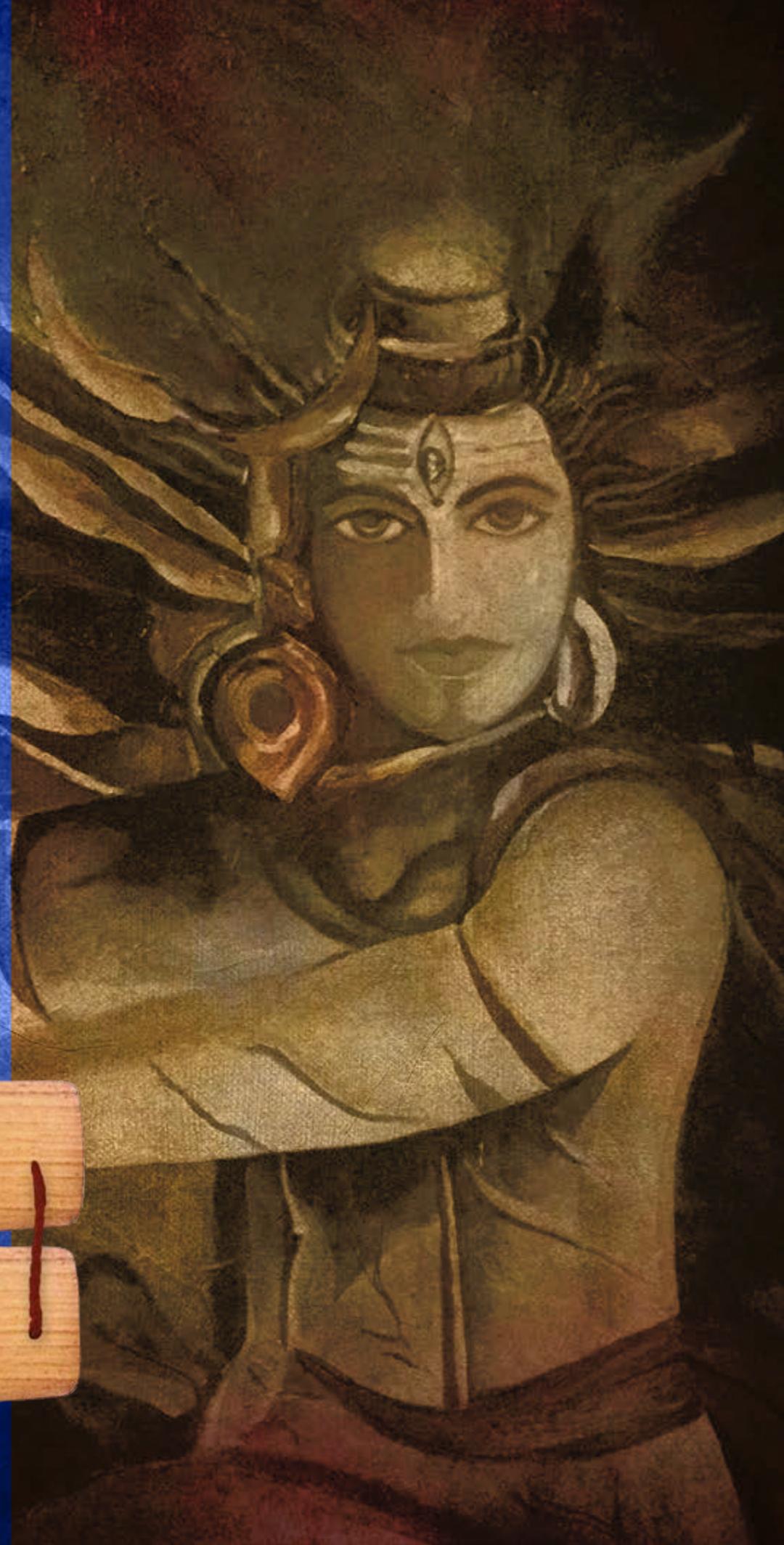
Third Eye is not just an eye; it is the very source of your Consciousness. Creating awareness, centering yourself on the Third Eye means awakening your consciousness.”

~ reveals Paramahansa Nithyananda

yaccakṣuṣā na paśyati yena cakṣūṁṣi paśyati
tadeva brahma tvaṁ viddhi nedaṁ yadidamupāsate || 6 ||

~ kenopaniṣad

“That which is not seen by the eye (cakṣus), but because of which the eye, the *organ of sight*, is able to see and perceive the *seen* – you must know That Reality alone as Consciousness or Brahman, and not this which is worshipped and cherished here as this object.”





The Avatar & Perfected Yogi of Mystic Powers

His Holiness Paramahansa Nithyananda, the visionary founder of Nithyananda Dhyanapeetam and Nithyananda GurukulSM, is a young enlightened yogi with unimaginable superhuman powers.

Recognized today as a clear, legitimate, apolitical voice of Sanatana Hindu Dharma, he is revered as a living incarnation of superconsciousness by millions worldwide. As a Mahamandaleshwar (spiritual head) of Mahanirvani Peeth, the world's most ancient apex body of Hinduism, he is rapidly emerging as a powerful voice influencing Hindu philosophical thought current.

Paramahansa Nithyananda is a spiritual healer, an orator, a youtube icon, a prolific author and the spiritual head of an international socio-spiritual organization. He is also heir to a 5000-year-old lineage of enlightened yogic masters who live and train on the sacred mountain of Arunachala in Southern India.

Paramahansa Nithyananda is a perfected yogi in the mystical yogic sciences who is awakening the mighty Kundalini Shakti, our own highest potential energy. In a landmark energy expression on our planet, he is awakening the Kundalini of hundreds of thousands of people, who are often sitting halfway across the globe, with just a glance, a touch or a wave of his hand.

With a vision to raise the consciousness of our planet, he is working tirelessly to raise individuals and communities to their highest possibility - a life of completion, power, bliss and Advaita, Oneness.

Avatar's Third Eye Experience

“During my enlightenment experience at the age of twelve, I had a spontaneous awakening of the Third Eye. The inner space and outer space broke. The first experience was that I was able to see everything around me, above me, the whole 360 degrees, ten directions, below me, everything!

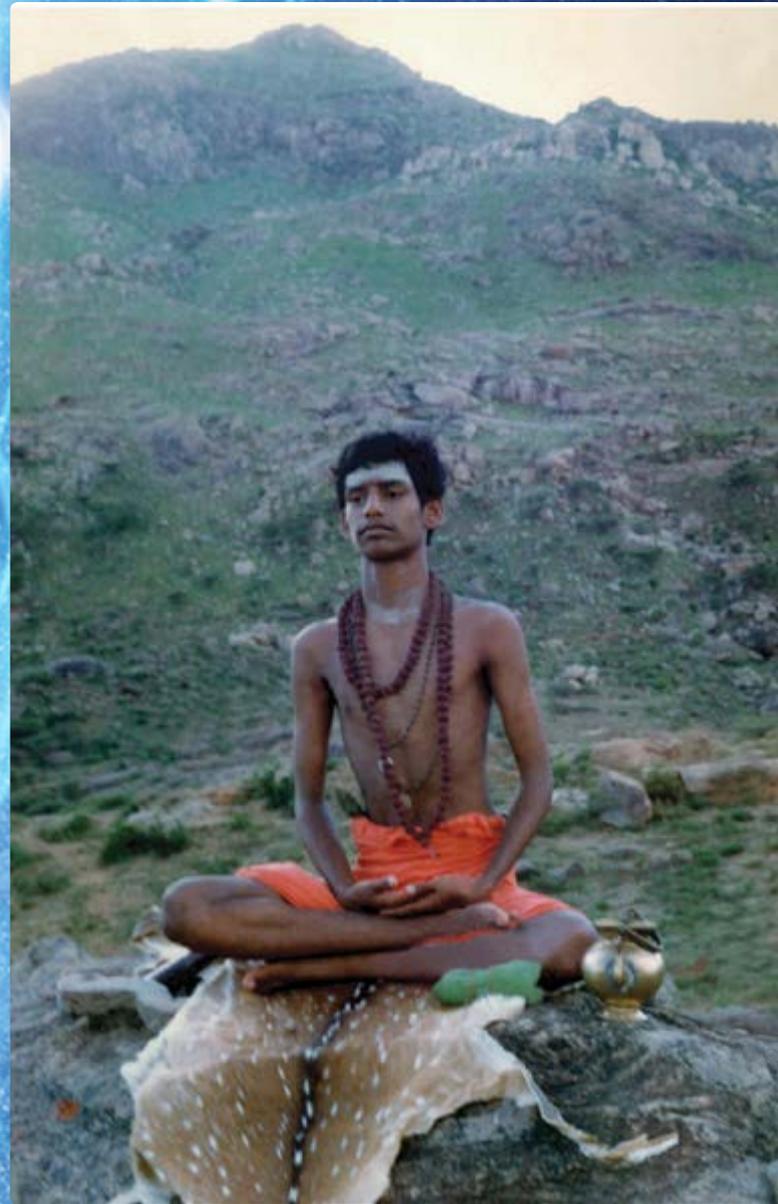
With closed eyes, I was able to see 360 degrees around me on every side. I felt that the skin of the rock on which I was sitting, and the skin of this body, both carry me equally; in both I exist equally. The air, the breeze, the setting sun, the rising moon, the whole Arunachala Hill, all the plants, bushes, trees, everything just became so alive!

The next moment itself, I realized that not only I am able to see, I am able to feel, experience all of that as me. I just know I am that oneness with the Existence. ‘Moves’ and ‘moves not’, what you call as ‘near’, what you call as ‘far off’, those concepts were lost. I did not feel vulnerable, I felt so powerful.

The smallest movements of these plants is my movement, and the highest stillness of the centre of the Cosmos is my stillness.

Today, you can see the children of my gurukul and thousands of others demonstrating the same power of extraordinary vision, due to the initiation into Third Eye Awakening^{SM!}”

~ Paramahansa Nithyananda



Rare photo of young Nithyananda meditating on the Coral Hill Rock and communing with sacred Arunachala hill, Tiruvannamalai, India

Revival of the Sacred Science of *Third Eye Awakening*SM

Now, this rare, sacred science of Third Eye AwakeningSM is being made available to humanity for their ultimate enrichment and conscious evolution by living incarnation, His Holiness Paramahansa Nithyananda.

Consciously born as an awakened, perfect mystic Yogi among yogis, he embodies the most profound *yogic* states that surpass all bounds of time, space and matter. He is compassionately gifting this pure, great science of Third Eye AwakeningSM, along with many other spiritual sciences through initiation (*deeksha*).

Paramahansa Nithyananda is experientially proving and spiritually inspiring the world that — *awakening to your highest dimensions and creating your reality as you want* — is verily possible for every person, and is not limited to a few.

Only an Avatar, who is the personification of Super Consciousness can decode the deepest realms of spiritual powers and directly gift them to the present day humanity as a valid, replicable, easily lived spiritual science that works on majority of people.





Secrets of The Third Eye

What is the Third Eye?

The Third Eye is one of the most discussed, debated and yet misunderstood of the extraordinary powers available to man.

In Samskrit, the Third Eye is named with many words – Trinetra, Cakshu, Ajna cakra, Mahanadi, Bhrumadhya, Tapah loka, Shiva loka.

Third eye is an intra-organ, a subtle or non-physical organ that all human beings possess. It is called the 'Third Eye' because the moment it is activated, you will be able to see without and beyond your two physical eyes. Blindfolded reading or reading without the need of the two eyes – is the visible side-effect of initiation into Third Eye AwakeningSM.

Awakening the Third Eye is not a mystical process alone. Its effects can be directly experienced in your very physical plane. It has clear defined powers that can help you explore not just the mystical path and spiritual experiences, but make so many extraordinary things happen in your day-to-day life.

Third Eye, The Command Center to the Cosmos

Third Eye, called the 'ajna cakra' or command center is the most powerful energy center, located between the eyebrows. 'Ajna' means 'command' and 'cakra' means 'wheel' or 'disk'. Ajna cakra is known as the 'Cakra Raja' – the king of cakras, because all the different energy centers in your body are ruled by this cakra.

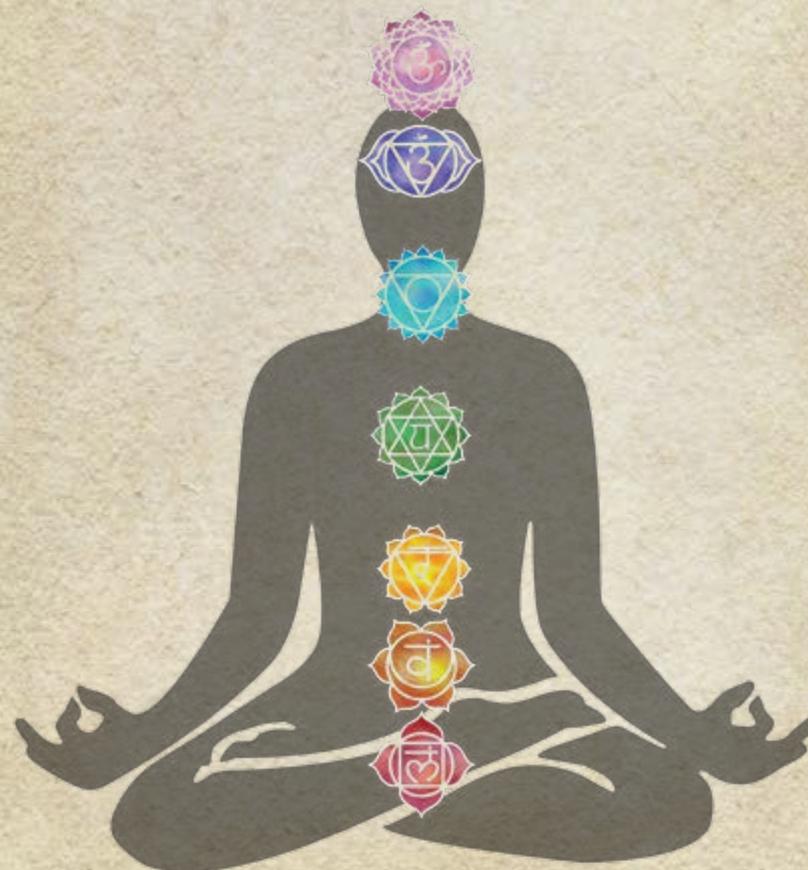
'Ajna' is the seat of the will-power controlling mystical powers like clairvoyance, telepathy and command over natural forces and ultimately, experiencing oneness.

Cakras: The Spheres of Our Well-being & Being

Cakras are the subtle energy centers of our bio-system. They represent the spheres of different levels of consciousness, visualized as spinning wheels or lotuses with different counts of petals. Cakras are not physical entities; they exist in our subtle body along the length of our spine.

We have seven major cakras, which are Muladhara (root cakra), Swadishthana (sacral cakra), Manipuraka (navel cakra), Anahata (heart cakra), Vishuddhi (throat cakra), Ajna (brow cakra) and Sahasrara (crown cakra).

Cakras are responsible for drawing the prana, the universal life-energy into the body. They act as batteries to store this energy and distribute it to the surrounding areas of the body. The cakras roughly correspond to, and influence the activity of the important glands of the body. They interact with the body's ductless endocrine glands and lymphatic system by feeding in good bio-energies and disposing of unwanted bio-energies. They are linked to the nerve ganglia (plexuses) of the body and also influence nervous functions.



Powerful Effects of Third Eye AwakeningSM

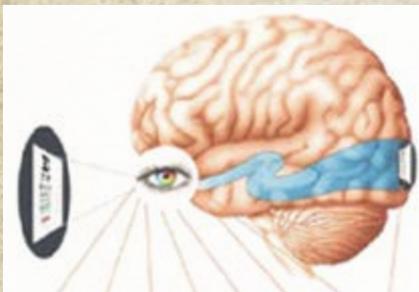
Reading without the need of physical eyes

One of the most visible expressions of Third Eye AwakeningSM is the ability to read using the Ajna chakra instead of using the physical eyes. As thousands are successfully demonstrating worldwide, it is possible to perform a range of tasks, including reading, painting, recognizing colors, shapes and objects - all the while blindfolded.

These demonstrations revolutionize our understanding of the actual role of the two eyes as the sole visual sensory organ of our body. It also brings us to the question of differences in the cognitive processes involved in reading with the physical eyes versus reading with the Third Eye.

What Happens During Blindfolded Reading?

Normal reading (*reading with eyes*) is a three-step process:



1. The physical eye perceives the written words
2. Information about the words is sent to the brain via the optic nerve
3. The brain cognizes and understands the words

During reading with Third Eye (*with physical eyes blindfolded*) only two steps happen:



1. The Third Eye cognizes the written words
2. This cognition is transmitted directly to the brain

So the brain directly 'reads' or 'sees' the words through intuitive powers without any help from the physical eyes.



Whole-brain activation

During blindfolded reading, the entire visual pathway and brain (excluding the eyes) are involved and activated, proving that it is indeed a process of 'seeing' and not any other brain activity.



Significantly, the Third Eye can play the role of any of the senses, depending on which part of the brain is activated during the process. **So we can hear with the ears closed, simply by activating the parts of the brain involved with hearing.** This can be demonstrated through FMRI and PET scans.

With a successful Third eye initiation, the whole brain is activated. It is not mid-brain activation. The initiated Nithyananda GurukulSM students are experiencing the whole-brain activation, through which it becomes possible to have high levels of IQ, high emotional stability and prodigious intelligence. Everything reaches its peak possibility for the young generation.

Third Eye AwakeningSM can help solve all the problems that modern day kids and youth are facing today in society – obesity, depression, tiredness and boredom, confusion, fear, addiction to the Internet and video games, violence. All these degenerating problems faced by the new generation can drop and the children can start seeing their life in higher possibility, with joy and visionary like clarity.

Aligning to Universal Vision & Higher Intelligence

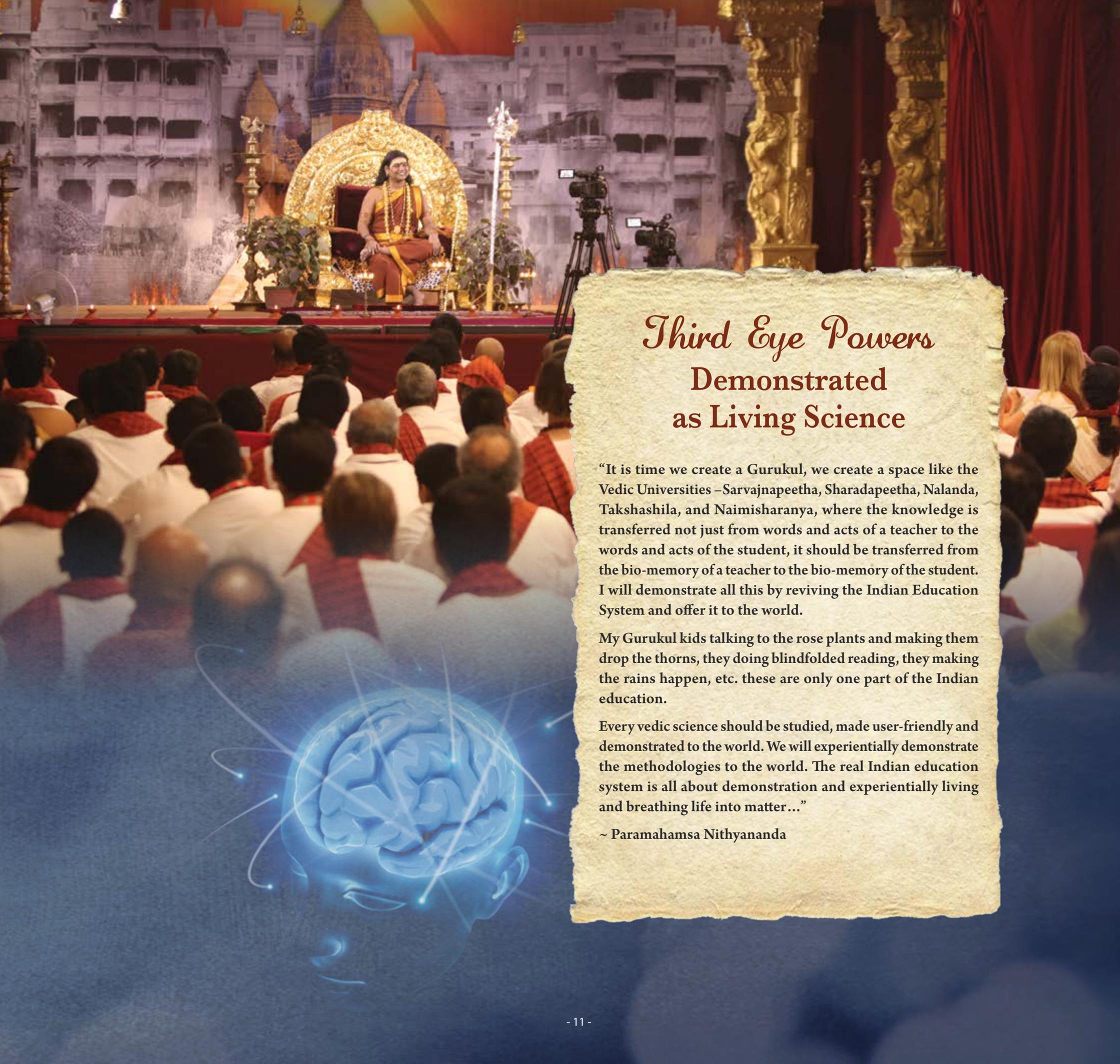
Paramahansa Nithyananda expands on how the third eye can empower a person to become a powerful visionary leader centered on dharma, the cosmic flow of life.

"Understand: third eye is not just having one more eye on the forehead. It means your vision is in tune with the cosmic vision. When your vision becomes narrow in your life, the facts with which you make decisions are more self-centered instead of universe-centered.

Life larger than lifestyle is dharma. Your lifestyle means being constantly bothered about the 6-foot frame you are holding. But looking and planning your life larger than your lifestyle is dharma. In every step, the very source in which you make decisions should expand. That is opening of the third eye.

Opening of the third eye means ensuring the path in which you are walking is aligned with the vision of the universe."





Third Eye Powers Demonstrated as Living Science

“It is time we create a Gurukul, we create a space like the Vedic Universities – Sarvajnapeetha, Sharadapeetha, Nalanda, Takshashila, and Naimisharanya, where the knowledge is transferred not just from words and acts of a teacher to the words and acts of the student, it should be transferred from the bio-memory of a teacher to the bio-memory of the student. I will demonstrate all this by reviving the Indian Education System and offer it to the world.

My Gurukul kids talking to the rose plants and making them drop the thorns, they doing blindfolded reading, they making the rains happen, etc. these are only one part of the Indian education.

Every vedic science should be studied, made user-friendly and demonstrated to the world. We will experientially demonstrate the methodologies to the world. The real Indian education system is all about demonstration and experientially living and breathing life into matter...”

~ Paramahansa Nithyananda

ANCIENT VEDIC SCIENCE TAKES USA BY STORM

13 May 2015

Capitol Hill, Washington D.C., USA

What started as an informational session on Third Eye AwakeningSM at the 2015 Business Advocacy Summit at Capitol Hill in Washington D.C., turned into an amazing demonstration that lasted 3 hours, when a 9-year-old child successfully demonstrated the existence of the Third Eye in human beings, by reading a book completely blindfolded, using her Third Eye!

Before a stunned audience of doctors, surgeons, medical researchers, bankers, businesspeople, investors and government officials, the girl read out whole sections from books, news articles, business cards and other content at a speed that can be considered good for a child of her age reading even with open eyes. All the readings were done using double blindfolds and eye pads to ensure that they were foolproof and credible.



NINE-YEAR-OLD 'READS' BLINDFOLDED AT BUSINESS ADVOCACY SUMMIT

India West Staff

Posted: Thursday, June 4, 2015 12:15 pm



WASHINGTON, D.C. — The Nithyananda Yoga Foundation organized a May 13 live demonstration of the powers of an Indian American youngster's yogic power learned through meditation and initiation at the Special Holistic School established by Sri Nithyananda Swami in Bengaluru, according to a press release. Yogamaata, a nine-year-old girl from North Carolina, reportedly stunned an audience of more than 50 high profile professionals attending the 2015 Business Advocacy Summit at Capitol Hill in Washington D.C. by reading fluently — blindfolded. In a demonstration that lasted three hours, Yogamaata was able to read aloud entire sections from news articles, and other content supplied by the audience at a speed comparable to a nine-year-old reading with open eyes.

In attendance were professionals from all over the U.S., including Purnima Voria, founder, CEO of National U.S. Indian Chamber of Commerce, and Dr. Ritu Carpenter Soni, director of Sleep Lab, New York, as well as doctors, medical researchers, bankers, investors and government officials. Yogamaata acquired this power through meditation and initiation at Nithyananda GurukulSM, a holistic school established by Sri Nithyananda Swami, a Hindu spiritual leader, said the release.

Excitement in the Media

The news was immediately picked up by a large volume of the American media. **200 media houses** including TV channels, newspapers, online media websites and print media carried the event news and press release over the next two weeks.

A few samples of print media and television channel websites about the Third Eye AwakeningSM demonstration by Nithyananda GurukulSM students.

DAILY BULLETIN SPIRITUALITY
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Home · Lifestyle · Spirituality

Girl, 9, reads, plays games blindfolded at Vedic Temple in Montclair

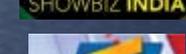
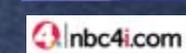
By Grace Wong, Inland Valley Daily Bulletin

POSTED: 06/03/15 4:46 PM PDT · UPDATED: 06/03/15

MONTCLAIR >> A small girl wearing a maroon dress with gold embroidery held up two cotton pads to her eyes.

She was then blindfolded with a white eye mask, an orange piece of cloth and another white bandage. Sitting on a chair way too big for her, Yogamaatha (the 9-year-old North Carolinian's spiritual name) was handed business cards, books and words written on a small whiteboard for her to read, and to the audience's amazement, she read them all.

Yogamaatha, 9, from North Carolina, reads off a whiteboard while blindfolded while an associate holds the microphone. Photo by Grace Wong.



Nine-Year-Old Reads Blindfolded at Business Advocacy Summit

Posted: May 23, 2015 11:49 PM IST

On May 13, Nithyananda Yoga Foundation organized a live demonstration of powers of a youngster's yogic power learned through meditation and initiation at Special Holistic School established by Sri Nithyananda Swami in Bangalore, India.

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3 KIDS AMAZE WITH BLINDFOLD READING

US AMBLES-CA Three young kids from Los Angeles and from Caracas stunned audiences in the state of Georgia, Carolina, Arkansas, Norway with their ability to read blindfolded. Each child expressed the yogic power with a playful ease while they interacted with the audience, who were encouraged to actively participate in the demonstration. To ask questions and create the process start if anyone wanted it with a result.

They walked out amazed at the speed expressed, and convinced at the yoga method it will leave for the world. The three children acquired these powers through the Third Eye awakening process and initiation by Paramananda Nithyananda, an enlightened master from India. One of the kids, Ms. Yogamaatha (9) was initiated at the Nithyananda Gurukul, a special holistic school established by Paramananda Nithyananda in Bangalore, India. The two other kids, Hananay (8) and Isha (6), were initiated at the same Gurukul school for girls in Vermont, India for a year ago. A 30-day yoga and meditation program by kids 6-16 and 10-18.

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Nine-Year-Old Reads Blindfolded at Business Advocacy Summit

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In attendance were professionals from all over the US, including Pumima Voria, Founder and CEO of National US Indian Chamber of Commerce, and Dr. Ritu Carpenter Sori, Director of Sleep Lab, New York, as well as doctors, medical researchers, bankers, investors and

BLINDFOLD READING - WHAT'S NEXT?

June 8, 2015

Los Angeles, California

Three young kids from Los Angeles and North Carolina stunned audiences all over Greater Los Angeles (Cities of Montclair, Corona, Anaheim, Norwalk) with their ability to read blindfolded. Each child expressed this yogic power with a playful ease while they interacted with the audience, who were encouraged to actively participate in the demonstration, to ask questions and probe the process itself. If anyone walked in with a doubt, they walked out amazed at the powers expressed, and convinced at the huge impact it will have for the world.

The three children acquired these powers through the Third Eye AwakeningSM initiation by Paramahansa Nithyananda, an enlightened master from India. The two kids, Keshav (6-years old) and Isha (9-years old), were initiated at the Inner Awakening[®] program for Kids in Varanasi, India this past May, a 21-day yoga and meditation program for both adults and kids. These kids are not the only ones - hundreds of kids from around the world who attend Nithyananda GurukulSM or attended the Inner Awakening[®] program in India, are expressing this same power at varying levels - from seeing shapes and colors while blindfolded, to being able to read while blindfolded, to even playing tag blindfolded.



Demonstration of Third Eye AwakeningSM, including blindfolded reading, recognition of colors, recognition of shapes, arranging toys, etc - telecast on SHOWBIZ INDIA as part of the USA Tour.

Medical and Scientific Community Stunned & Enthusiastic



Demonstration by children & testing by eye specialist Dr. Murali Krishna, Chennai, India



Demonstration before Dr. Srinivasa Rao, Agarwal Eye Hospital, Chennai, India



Demonstration at Columbia School for the Blind Washington D. C. - USA Tour

Nithyananda GurukulSM team has been actively touring medical institutes in many cities in India and internationally to demonstrate the esoteric science of Third Eye AwakeningSM which is beyond the scientific facts. Tours are to encourage the medical community to explore and research the vedic marvels and infinite benefits for humanity. Many medical experts are now seeing the Third Eye powers of the yogic children initiated by Paramahansa Nithyananda.

The medical fraternity has been stunned by these demonstrated powers, with many doctors and medical experts and institutes eager to undertake or support further research into the powers of Third Eye, such as:

- ◆▶ Shankara Netralaya, the world renowned eye specialty hospital in Chennai, India is working with us in taking this science to the visually impaired.
- ◆▶ NIMHANS, National Institute of Mental Health and Neurosciences, a world class brain research organisation in Bengaluru, India is working with us in pursuing further research to identify opportunities to help human beings.



Above : Live demonstration at Shankara Netralaya, world renowned Eye Speciality Hospital, Chennai, India



Left : Srinivasan, Neurophysician, Emeritus Professor at Dr. M.G.R. Medical University, Chennai, India

Right : Discussion with doctors at Hindu Mission Hospital, Chennai, India

Below : at NIMHANS National Institute of Mental Health and Neurosciences, India



X-RAY VISION OF THIRD-EYE AWAKENED KID IS PHENOMENAL

By Dr Srilekha Karthik (Bengaluru)

MD, DNB Pediatrics, Consultant Pediatrician



I have personally witnessed the blindfold reading demonstration performed by kids and adults which happens as a result of the third eye awakening initiation given by Swamiji Paramahansa Nithyananda.

It is a fool-proof demonstration where it's ensured that they don't see through any gaps by using eye patches and a double blind. The kids read better than any one of us with perfect vision would do with open eyes! To substantiate the statement, they are reading languages which they have never been exposed to earlier, reading perfectly with books kept behind the head and much more.

I would like to share with you a happening which took my breath away. One kid whose third eye has been awakened, scanned people standing in front of her and stated exactly the health issues they were faced with like a tear in the knee joint ligament, a tumor in the cheek, and a blinding disorder of the eye in its early stages without any medical history provided. This is something phenomenal! The possibilities with this phenomenon seem extraordinary!

Imagine a world without the need for expensive and potentially hazardous investigative technology of radiation exposure like CT scan and X Rays!

It's time the medical fraternity explores this extraordinary mystical science and incorporate the same for the benefit of humanity at large.

Personally, I have also had the third eye awakening initiation by Swamiji Paramahansa Nithyananda and the powers of intuition, memory, clarity of thought and expression, confidence and a deep love towards life in general that have happened as a result is benefitting me both in my professional and personal life.

STUDENT OF CONTEMPORARY VEDIC SCHOOL

This wonder-kid is one of hundreds of students at Nithyananda GurukulSM in Bengaluru in India, a holistic education system established by Paramahansa Nithyananda to revive the best of India's Vedic heritage alongside modern education.

This exceptional school has won acclaim for molding a generation of super-achievers who have successfully demonstrated a range of extraordinary powers, and are using it to experience life in a richer way than we ever thought possible. Children with an awakened Third Eye exhibit extraordinary creativity, and the ability to absorb new concepts much faster than normal, say teachers at Nithyananda GurukulSM.

“This demonstration may seem extraordinary, but we have just scratched the surface of what is possible. I think we are all going to be astounded by what we see happening in the future!”, said one the teachers at Nithyananda GurukulSM.



१ पू. दिव्य महाराज द्वारा लिखकर दिया गया फ्रांसीसी (फ्रेंच) शब्द पढ़कर सुनाते हुए नित्यानंद ध्यानपीठम्, रामनगर, कर्नाटक गुरुकुल की छात्रा कु. कल्पलता (आयु १२ वर्ष), साथ में महंत श्री नित्य मोक्षप्रियानंद (शोधकर्ता एवं सूचनाजाल-निदेशक, नित्यानंद ध्यानपीठम्, कर्नाटक) विशेषता : इस गुरुकुल में वैदिक शास्त्रानुसार शिक्षा प्रदान की जाती है, जिसमें आज्ञाचक्र की जागृति की जाती है। इसलिए ऐसी विद्या अवगत बच्चे ऐसी भाषा भी पढ़ सकते हैं, जो उन्हें अवगत नहीं है। वे सामान्य दो आंखों से नहीं, दिव्य दृष्टि अर्थात् तीसरी आंख से देखते हैं।

READING UNKNOWN LANGUAGES

Nithyananda GurukulSM student amazes a gathering of Hindu saints and activists with her third eye reading yogic ability at the Hindu Adhiveshan in Goa in June 2015. His Holiness Divya Maharaj wrote some words in French and she was able to pronounce them correctly, even though she doesn't know French.

Mass Third Eye AwakeningSM at Nithyananda GurukulSM

In another revolutionary initiative in mystical sciences, His Holiness Paramahansa Nithyananda has given mass initiation and training to the students of Nithyananda GurukulSM into the Third Eye AwakeningSM.

Mass awakening has seen a spectacular rate of 100% in children below 14, with all children successfully identifying colors, shapes or words while blindfolded within 12 hours of initiation.

The children are encouraged to practice the 'Third Eye meditation' for 21 days after initiation, to anchor the power permanently in their bio-memories.

“Science of Third Eye AwakeningSM is not a miracle. If only one person does it, it is miracle. If everyone starts doing, it is a science. Third Eye is not just used for seeing alone. It can be used even to hear, touch, feel, work, so Third Eye is a powerful new possibility.”

~ Paramahansa Nithyananda



A Gurukul child initiated into third eye awakening by Paramahansa Nithyananda, blissfully replicates his hand gestures while her physical eyes are fully blind-folded

BIDADI

Gurukul children during initiation and training



Gurukul children playfully practice and explore more possibilities of Third Eye.



Nithyananda GurukulSM student demonstrates blindfolded reading using adhesive bandage to cover the eyes for complete credibility - Bidadi, India



Touring the Globe To Demonstrate and Share

Paramahansa Nithyananda has gifted the awakening of third eye to 32,000 children and adults worldwide. Initiated children and adults of Nithyananda GurukulSM and Nithyananda Sangha worldwide have been touring the globe and demonstrating the science of Third Eye AwakeningSM across India, the USA, Canada, Europe, Malaysia, Singapore, Dubai and other cities around the world.

Demonstrations & Training across INDIA

At Nithyananda Dhyanapectam ashram, Bidadi, Bengaluru, India



Demonstrating the possibilities of Third Eye reading to world-wide audience in a webinar

PONDICHERRY

Live demonstration by children of Nithyananda GurukulSM & testing by audience at several Kalpataru meditation programs at Pondicherry, South India. Thousands gathered and witnessed the powers of Third Eye initiation.



MUMBAI

Demonstration and Training at Hindu Association, Mumbai, India



Demonstration at World Yoga Day 2015 at Mumbai where hundreds gathered



METTUR

Demonstration blindfolded reading - Mettur, India



BENGALURU



Demonstration at Google Office,
Bengaluru, India



Before Legal Professionals - Bengaluru, India



At Bengaluru



Before medical representatives at
Banashankari center, Bengaluru, India

CHENNAI



At Babaji Vishva Yoga
Darshan, Chennai, India



At Chennai, India

Demonstrations at USA TOURS



THIRD EYE POWER INTRIGUES THE AMERICAN POLITICAL AND BUSINESS ELITE

At a special private event gathering of about 100 people hosted by former Anaheim City Councilman Harry Sidhu in Anaheim, California, USA, Third Eye demonstration was given by Nithyananda University. Indian ambassador to United States, Sri Arun Kumar Singh along with U.S. congressman Edward Randall 'Ed' Royce and his wife and state senator Bob Huff, and NRI businessmen, doctors, and community leaders were present.

Congressman Ed Royce volunteered to try and test the blindfold reading. Many were intrigued and came up to enquire more about the science of Third Eye AwakeningSM.



Presenting Paramahansa Nithyananda's teachings to Indian Ambassador to USA, Arun Kumar Singh



Sannyasis of Nithyananda Order sharing the vedic glory with American leaders



Children initiated by Paramahansa Nithyananda present the Third Eye reading

FEDERATION OF INDO-AMERICAN ASSOCIATIONS, USA WITNESS & LAUD THE THIRD EYE DEMO

August 20, 2015

Los Angeles, CA (PRWEB)

An event was co-organized by members of the Federation of Indo-American Associations of Los Angeles (FIA) and United Federation of Indo Americans of California (UFICA). Thousands gathered today in Artesia, California, to celebrate India's Independence Day.

The surprise highlight of the event left everyone in awe: two children, Isha and Keshav Yanamandra, demonstrate their "superhuman" powers by reading effortlessly from books, and notes written by audience members – while their eyes were blindfolded. These children gained this ability through Third Eye AwakeningSM initiation & meditation, which they received directly from Enlightened Master, and popular spiritual Hindu leader H.H. Paramahansa Nithyananda. The kids received this initiation while attending the 21-day program called Inner Awakening[®] for Kids in Varanasi, India, this past May. VIP guests – California Senator Tony Mendoza and Assembly member Christina Garcia – verified the blindfolds themselves prior to the start of the live demonstration. The entire audience – politicians, host organizers and the thousands in attendance alike – were wowed by the children's special ability.



California Senator Mendoza presents the award honoring His Holiness Paramahansa Nithyananda for his Dedication to the Revival of Sanatana Hindu Dharma. Sannyasis of Nithyananda Order receive the award.

The grand festivities culminated with a special awards ceremony where H.H. Paramahansa Nithyananda was honored with an award for his Dedication to the Revival of Sanatana Hindu Dharma, which was presented by Senator Mendoza.

Similar demonstrations by kids of the Nithyananda GurukulSM and Inner Awakening[®] for Kids program have been taking place all over the U.S. and world including Vancouver, Seattle, Los Angeles, San Jose, St. Louis, Columbus, Houston, Charlotte, New York, Sydney, Mumbai, Bengaluru and many other cities.



PRESS RELEASE ROCKET

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U.S. NRI Association Honors Spiritual Guru H.H. Paramahansa Nithyananda as Thousands Celebrate India's Independence Day in Artesia, California

By PR Rocket on August 20, 2015

THOUSANDS AT FEDERATION OF INDIAN ASSOCIATION (FIA) AMAZED BY THE MYSTIC EYE POWERS

A student from the Nithyananda GurukulSM, Ma Maheshwara demonstrated Third Eye Powers to an audience of 3500 people at the FIA (Federation of Indian Associations) Annual India Festival, 22 August 2015 held at Ohio. FIA President Neil Patel presided over the demonstration.



Ma Maheshwara in front of a packed crowd at the annual FIA India Festival



FIA President and Ohio Columbus Businessman Neil Patel tests out the blindfold



Ma Maheshwara answering questions at the booth



Columbus Sheriff Zach Scott tests out the blind-fold



HOUSTON

Lively demonstration by Yogamata at Houston, Texas



SEATTLE

Seattle, USA Tour showing the possibilities of vedic powers



At the Vedic Cultural Center, Seattle



OHIO

Showing the visible powers of the divine sight playfully during Ohio Tour



ST LOUIS

Live Demo of Third Eye at St. Louis Tour



Demonstrations at
CANADA
TOURS



VANCOUVER

Live third eye powers demonstration at Vedic Cultural Center, Vancouver, Canada



VANCOUVER



TORONTO

Third eye blindfolded reading demonstration at Toronto, Canada tour



Demonstrations at INTERNATIONAL TOURS



Demonstrations & training sessions at multiple locations by children and volunteers of Nithyananda Sangha – Singapore, Malaysia Tour and Middle East Tour

SINGAPORE

Outdoor demonstrations at Singapore



After the Inner Awakening® Kids program, the children at Singapore joyfully write, draw and study using their third eye.



MALAYSIA

Training and demonstration for children at Kuala Lumpur, Malaysia Tour



UAE

Demonstration in Dubai - UAE Tour



OMAN

Third Eye Demonstration by Adults. Reading in other languages, Oman.



Demonstrations at NEW ZEALAND TOUR



Demonstrations at Rotorua,
New Zealand. The Nithyananda GurukulSM child confidently
reads and plays games with third eye as simply as anyone may
use their physical eyes.



*An amazed person from
audience examines the
blindfold while Gurukul child
reads uninterruptedly.*

The Gurukul child explains her third eye experience to the
amazed audience post demo.



SHARING POSSIBILITIES OF THIRD EYE SCIENCE WITH HINDU LEADERS

Kanchi Shankaracharya His Holiness Sri Jagadguru Jayendra Saraswati Swamigal blesses the children of Nithyananda GurukulSM with vibhuti (sacred ash) after a demonstration of Third Eye AwakeningSM in the presence of His Holiness at Kanchi Kamakoti Peetham.



His Holiness Sri Sri Kanchipuram Meykandarpeetham 232nd Peethadhipati Srilasri Thiruvambaladesika Gnanaprakasha Swamigal of Thondaimandal Adeenam joins His Holiness Sri Jagadguru Jayendra Saraswati Swamigal in a discussion on the role of Hindu monasteries and spiritual organizations in preserving our ancient Vedic sciences.

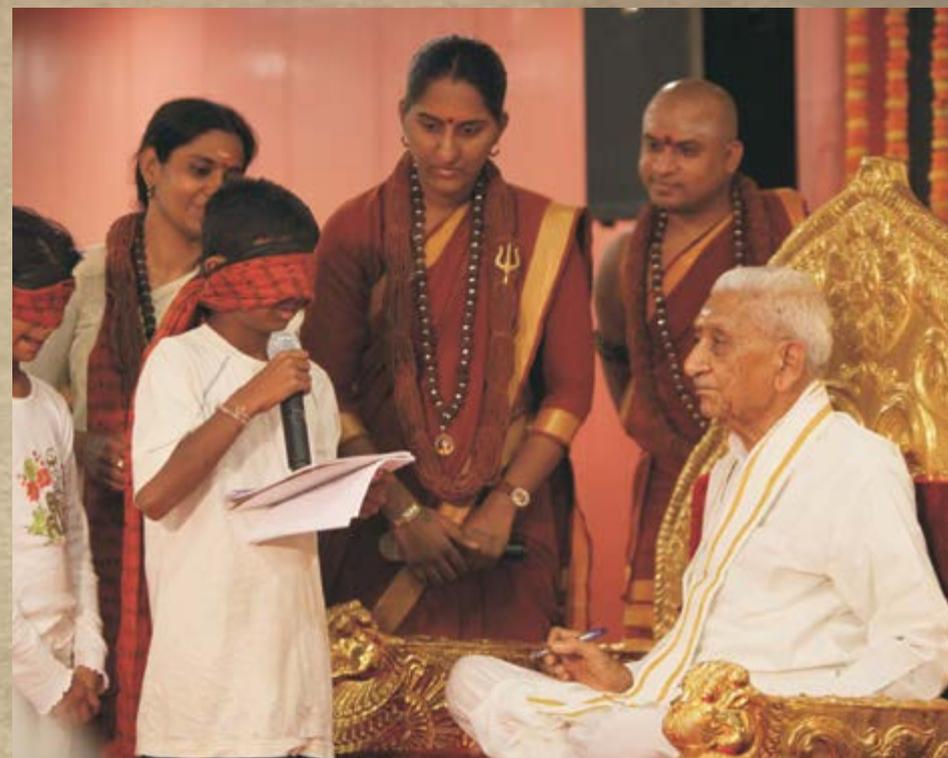
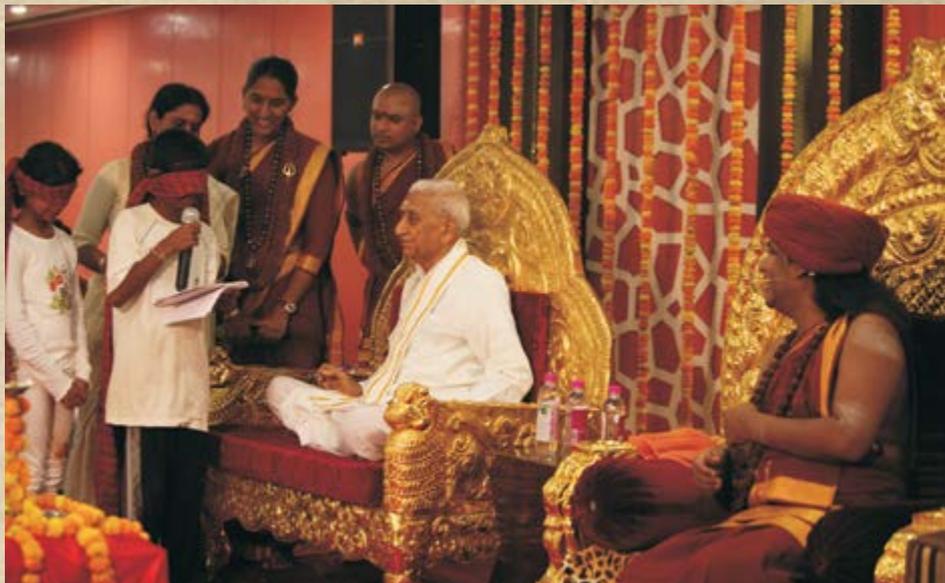


Demonstration before Hindu spiritual leaders - Bidadi, India

At Inner Awakening[®] amidst the spiritual leaders of Varanasi



Demonstration of third-eye reading by Nithyananda GurukulSM children in the presence of His Holiness Paramahansa Nithyananda and Sri Ashok Singhal, former International President of Vishwa Hindu Parishad.



Demonstrations at **UNIVERSITIES & EDUCATION INSTITUTES**

The academic and scientific fraternities are excited about the implications of this emerging science for various fields like education, training and applying intuitive powers to human growth. Representatives from various fields are coming forward to support or facilitate further research for taking this science to the world.



Demonstration before the students and Chairman of Dhanalakshmi Engineering College, Chennai, India



At Venkestwara Matriculation School, Chennai, India



Before the Chairman, Don Bosco Group of Institutions, Bengaluru, India



Before students & Chairman Vedantamji of Jayagopal Garodia Hindu Vidyalaya School, Chennai, India



Before S. Rajagopal, Secretary of La Chatelaine Junior College, Chennai, India

Towards Opening Divine Eyes **OF NEW GENERATION**

As part of an initiative to reach this science and its benefits to the challenged sections of society, the students and faculty of Nithyananda GurukulSM have been conducting free demonstrations and training in Third Eye AwakeningSM in grassroot schools at rural areas, schools for the blind and physically challenged. This promises opening the new generation to divine view, crossing any barriers of place, physiology or society.



Demonstration & discussion with Acharya Rakumji at Rakum School for the Blind



At a community school, Chennai, India



At Poonamallee College, Chennai, India



At BGS School, Banandur Bengaluru Dt., India



At Kallugopahalli Govt. School Bengaluru Dt., India



At Garodia Hindu Vidyalaya School, Chennai

Making the Vedic Science
KNOWN TO THE SOCIETY



Demonstration before Smt. Chandralekha
 Retd. IAS officer, Chennai, India



Before an IAS Officer, Chennai, India



Before Retd. High Court Judge, Justice
 Vallinayagam, Chennai, India



Sharing at Electron India, Chennai



Sharing with Shivashankar Baba,
 Chennai, India



Before Principal & faculty, Sushil Hari School,
 Chennai, India



Before community at outdoors
 at Columbus, Ohio, USA

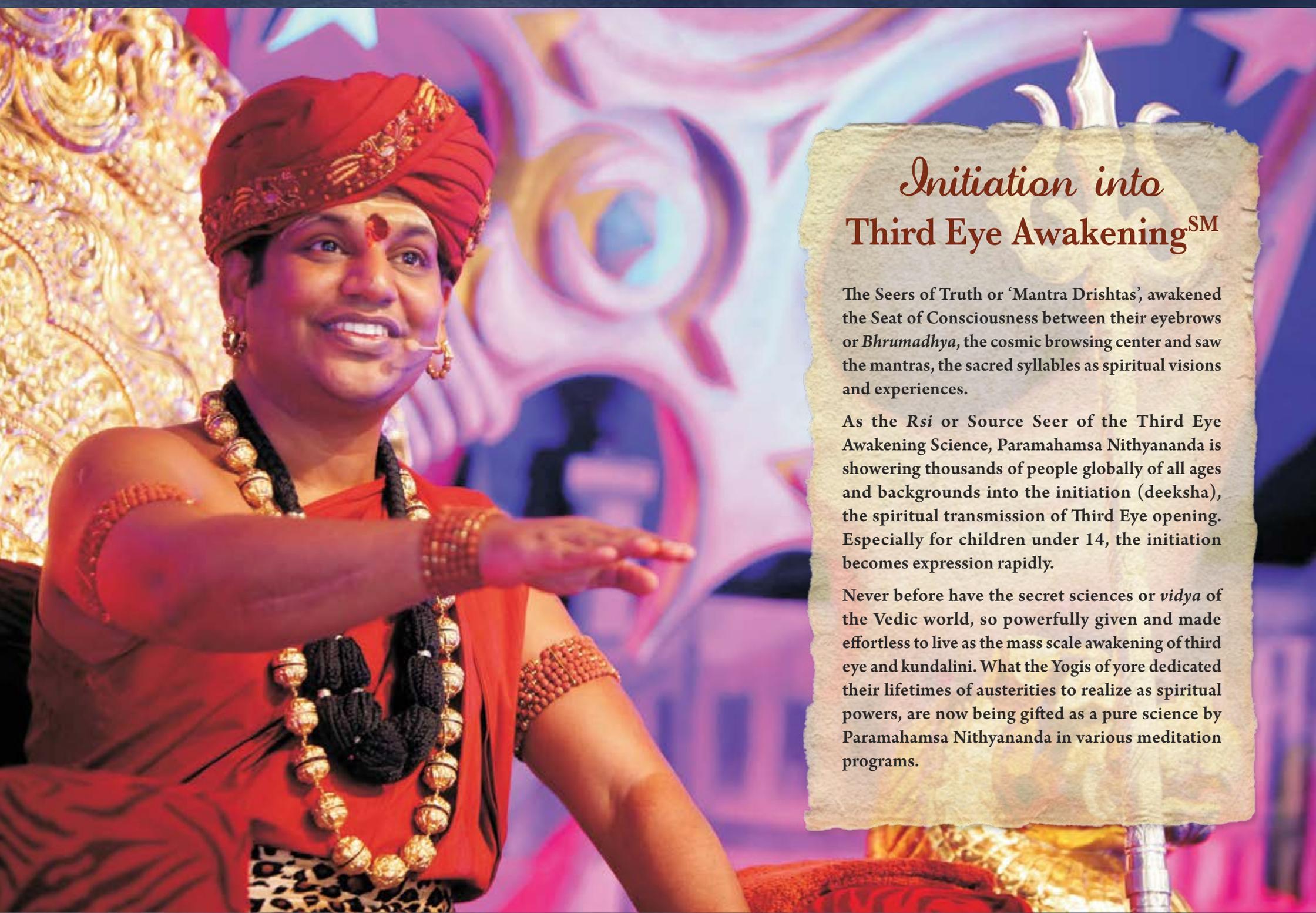


At Atithi Hotel, Pondicherry, India



Presenting at Siddha Conference, Chennai, India – a wonder for vedic medical community





Initiation into Third Eye AwakeningSM

The Seers of Truth or 'Mantra Drishtas', awakened the Seat of Consciousness between their eyebrows or *Bhrumadhya*, the cosmic browsing center and saw the mantras, the sacred syllables as spiritual visions and experiences.

As the *Rsi* or Source Seer of the Third Eye Awakening Science, Paramahansa Nithyananda is showering thousands of people globally of all ages and backgrounds into the initiation (*deeksha*), the spiritual transmission of Third Eye opening. Especially for children under 14, the initiation becomes expression rapidly.

Never before have the secret sciences or *vidya* of the Vedic world, so powerfully given and made effortless to live as the mass scale awakening of third eye and kundalini. What the Yogis of yore dedicated their lifetimes of austerities to realize as spiritual powers, are now being gifted as a pure science by Paramahansa Nithyananda in various meditation programs.

Shiva Reveals the Secret Technique of Third-Eye

In Vijnana Bhairava Tantra, which was revealed by Lord Shiva to His consort Devi Parvati, Mahadeva initiates Mahadevi into the powerful technique for awakening the Third Eye:

This technique comes to life and fruitions by the grace of Guru's initiation, who is living embodiment of Shiva Himself.



Nithyanandeshvara Nithyanandeshwari (Shiva and Devi) and Guru at Nithyananda Hindu Temple, Bidadi, India

tayā-āpūryāsu mūrdhāntam bhanktvā bhrūkṣepasetunā |
nirvikalpam manaḥ kṛtvā sarvordhve sarvagodgamah || 31 ||

~ vijnana bhairava tantra

Let form be filled with essence of life-breath to the crown of head. Cross the life-breath by penetrating with one-pointed attention at the bridge-like center of the eyebrows (the third-eye). Let mind be beyond the movement of thoughts [nirvikalpam manaḥ]. In that all-rising supreme state (of Shiva), showers the light or vision of all-pervadingness.

What happens during Third Eye initiation?

When a person sits in the Master's presence in a receptive and unclutched mood, and the experience is directly transmitted from the Master's bio-memory to his own bio-memory without any effort on the person's part, it is called Initiation.

The Third Eye can be awakened through DEEKSHA or initiation - the direct transmission of spiritual energy by an Enlightened Master or Avatar.

As millions are discovering at Paramahansa Nithyananda's life-changing programs and satsangs, an Avatar can, with a single gesture or look, cause a spontaneous, incredible transformation on every level on human mind-body and consciousness. Miraculous healing of diseases, deeper cognitive shift, mystical experiences, and the wiping out of lifetimes of karmas can happen in a matter of days - sometimes minutes.

Initiation or *deeksha* is revered in the Vedic tradition as the ultimate gift that a master can bestow upon his disciple on the spiritual path. During initiation, the superhuman powers already engraved in the master's bio-memory become engraved in your own bio-memory.

"When a lamp is lit, automatically flames jumps and lights the other lamp. Near the awakened Third Eye, if your Third Eye is brought, simply the flame jumps. In Agamas (scriptures that came from Mahadeva), Mahadeva has given a beautiful, powerful word - Shaktipada - which is described as the transmission of energy to awaken your Kundalini Shakti and Third Eye."

~ Paramahansa Nithyananda

In the ancient text, Rudrayamala Tantra, Lord Shiva says:

The one who is not initiated does not attain liberation nor a better future. So, by all efforts, one should get initiated by the Guru.

Initiation works on three levels - the conscious mind, the unconscious mind and the physical body. When it works on all three levels, penetrating down to the physical level, it expresses as visible siddhis (powers) in you.



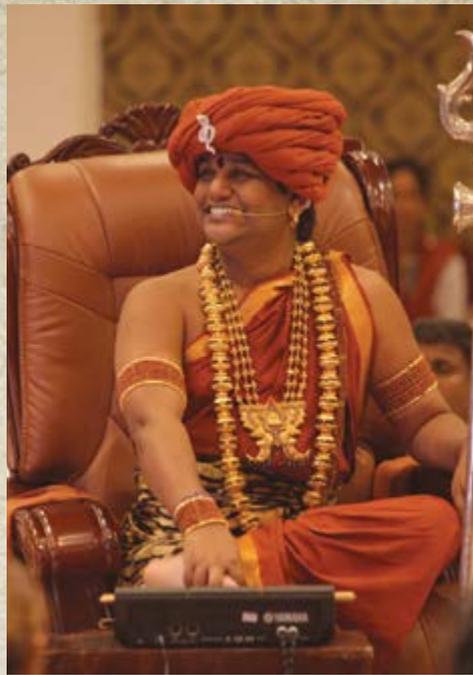
Science of Initiation

Initiation is a deeply mystical process, but it can be explained to some extent by the scientific principle of **Entanglement**.

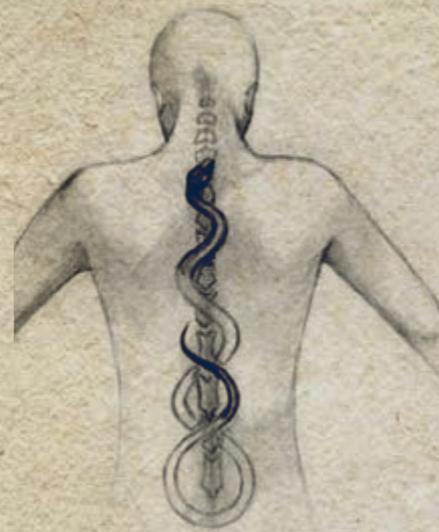
Entanglement is a term used in quantum theory to describe the way that particles of energy-matter can become correlated to interact with each other in predictable ways, regardless of how far apart they are. This means that the state and actions of one of these particles can influence the state and actions of the other through the process of interference. Entanglement is the principle behind all processes involving energy transfer, including Third Eye AwakeningSM, spiritual healing, kundalini awakening, levitation, teleportation, materialization and going beyond the need for food.

An Enlightened Being has the power to raise others into his own elevated state by the subtle pressure of his presence. When the mind of the receiver comes in touch with the no-mind (thought-free mind) of such a being, a process similar to entanglement happens, and thoughts subside in the mind of the receiver.

During initiation, entanglement penetrates the bio-memory of the receiver. That is why initiation has lasting physiological and psychological effects.



Initiation and Kundalini Awakening



Research studies conducted by Nithyananda University indicate that initiation results in the spontaneous awakening of the **Kundalini**, our own highest inner potential energy. Research in neuroscience has proved that initiation floods the body and brain with Kundalini energy.

When Kundalini ascends the spine through the Sushumna Nadi (the main channel of cosmic energy), it results in a huge energy influx into the brain. As it flows from the thalamus to the cortex, Kundalini sets up a powerful energy loop within the brain which awakens the latent, non-mechanical parts of the brain which we have never used before.

With increasing levels of coherence, the whole brain comes alive, turning into a superconductor of conscious energies that heal, empower and transform our lives. Enhanced awareness levels, higher intelligence, greater creativity, bliss and health start to express in us.

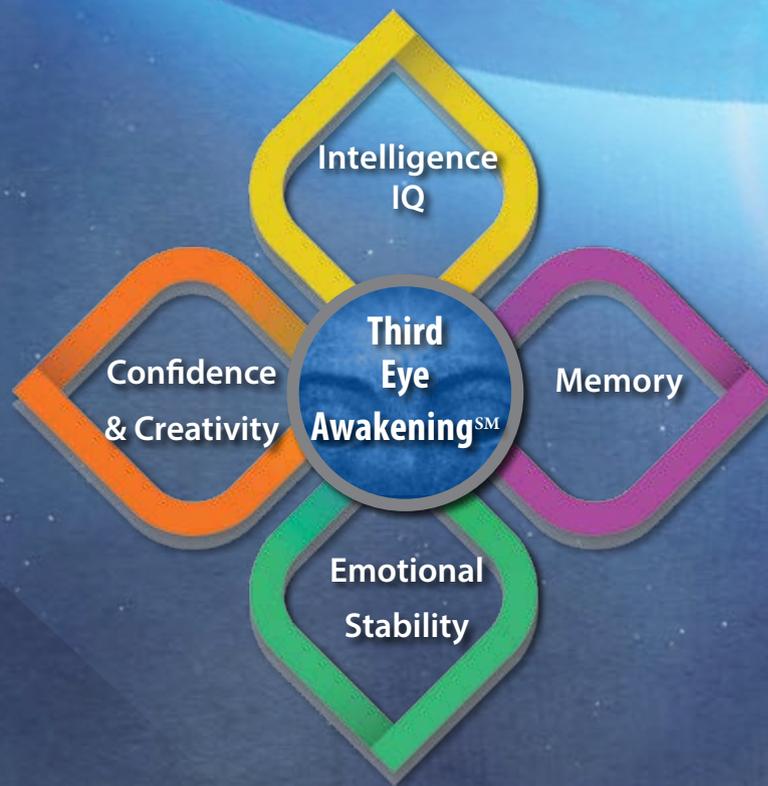
When the Kundalini touches the Ajna chakra, it awakens the extraordinary abilities like Third Eye vision, levitation, teleportation, materialization and going beyond the need for food.



“Third Eye awakens not just your ordinary needs like health, wealth, it awakens totally new dimension of life. Your Kundalini Shakti is awakened and raised between your nose and eyebrows – that is the point where the Third Eye is available and perceived.”

~ Paramahansa Nithyananda

Benefits of Third Eye AwakeningSM



- ◆ Awakens high level of intelligence (rapid boost in IQ)
- ◆ Sharper, stronger memory
- ◆ High emotional stability
- ◆ Inner confidence
- ◆ Enhanced creativity



- Benefits of Higher Levels of Third Eye AwakeningSM
- ◆ Enhanced power of intuition
 - ◆ X-ray vision
 - ◆ Ability to read hidden content
 - ◆ Ability to read from long distances
 - ◆ Ability to access past and future events

Unimaginable benefits for humanity

- ◆ The scope and impact of mass scale Third Eye vision are mind-boggling. For example, awakened blind persons would no longer need to use Braille to read.
- ◆ As Third Eye vision penetrates matter, awakened doctors would no longer have to rely on only X-rays to scan and diagnose their patients.

- ◆ Blindfolded vision is one of the early and visible side-effects of Third Eye AwakeningSM. With deeper levels of awakening, it becomes possible to penetrate both space and time. This would mean that any impending calamity, from tsunamis to attacks, can be 'seen' by the awakened ones and averted well ahead of time.

Research findings based on information pulled from program participants. Finds are subjective in nature.

Deeper Truths of Third Eye AwakeningSM

What Enlightens Your Eyes and Senses?

Ever wondered what is that power that enlightens our senses, that makes our eyes see, even in our dreams?

In Kenopanishad, a seeker enquires to his spiritual master – “By whom willed, does the mind go towards its object - *keneṣitam patati preṣitam manah?* Enlightened and directed by what invisible Divine cause, do the eyes and ears engage in their acts? - *caḥṣuḥ śrotam kau devo yunakti.*”

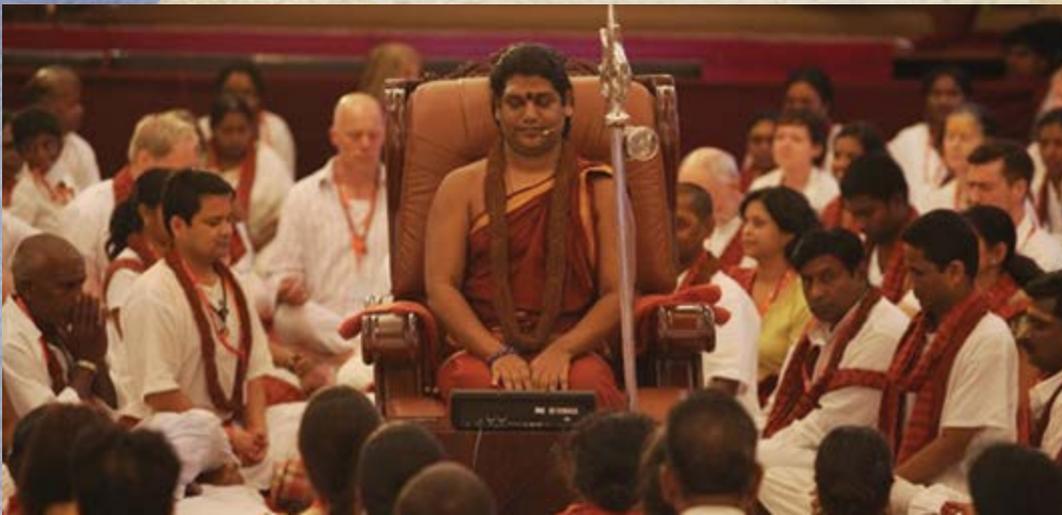
Beautifully, the Master reveals – “Consciousness is the Ear of the ear, the Mind of the mind, the Speech of the speech, and It is the Eye of the eye, *caksu*, the power of Divine Sight. The wise enlightened beings liberating themselves from the senses and rising from this ephemeral world, become immortal, eternal, *amṛta bhavanti.*”

As the awakener of consciousness in thousands of lives, Paramahansa Nithyananda reveals about the power of the Divine Eye:

Listen: just like you have the two eyes, you have a third possibility to perceive the whole world, whole universe, not just through seeing alone.

Third Eye is not just used for seeing alone. It can be used even to hear, touch, feel, work, so Third Eye is a powerful new possibility. It is called Third Eye because the moment it is activated, the first thing that happens is you will be able to see, hear beyond the physical organs.

You start seeing, perceiving the whole life in higher dimension, with higher possibility. Your Kundalini Shakti starts staying in higher planes, so it always keeps you in highest levels of completion, in highest health, and all your peak possibilities open up.



Ajna or Third Eye: The Cosmic Browsing Center

Life starts with SEEING. Whether you are blind or have physical eyes, you continue to see through your inner eyes.

Third Eye vision is nothing but 'Conscious Seeing'! It activates the non-mechanical parts of your brain. That is why you start experiencing extraordinary powers like telepathy, materialization, teleportation and clairvoyance.

Third Eye is like a door to the Cosmos. You can receive anything from the Cosmos through the Third Eye. Same way, you can send any command to the Cosmos through the Third Eye.

Anything sent through the Third Eye to the Cosmos is immediately experienced!

Third Eye is not just the brow center; it is the Browsing Center also! Just like how you can upload or download anything through the Internet world through an internet browsing center, through the Third Eye you can download and upload anything in the Cosmos. It is the Cosmic browsing center.

Any Akashic Records that hold the imprints of every happening in the whole cosmos in the past, present and future stored in the etheric layer (akasha), can be downloaded by a person, when his Third Eye is opened through proper initiation.

Third Eye vision is 'Conscious Seeing'

Let us understand the deeper truths about the Third Eye.

Listen: your life is nothing but seeing. Seeing is your life.

If you can see something through the eyes, you can experience it with your physical body.

If you can see something through your mind, you can experience it, understand it, with your mental body.

If you can see something with your inner space, your consciousness, you can control it as the Lord of it.

Bridging the Physical and Mystical Worlds

Third Eye is the bridge between the physical world and psychic and cosmic space. All the extraordinary powers, psychic powers are achieved through Third Eye AwakeningSM.

All the extraordinary powers are lived when your Third Eye is completely awakened.

Understand: whatever you are seeing with these two eyes is not Reality and not enough. Third Eye makes you see the higher reality externally in your day-to-day life, and internally in your life and death journey.

Burn Patterns & Experience God With Third Eye

Third Eye AwakeningSM makes you immediately experience God. The moment you awaken the Third Eye, you become God. That is why all Hindu Gods, whether Shiva or Devi, or Ganapati or Skanda will have the Third Eye. All the visions or *darshan*, the extraordinary things happen in people's life, only because of the Third Eye energy.

*Listen. God minus Third Eye is man;
man plus Third Eye is God.*

The Third Eye is a direct bridge to God.

A beautiful happening from Shiva's life. Shiva opened His third eye and burnt the Manmata. Manmata means the maya or illusion which you are 'seeing' or which you are thinking as life. Your vision disturbed by your past memories, your patterns is what I called Maya.

If your third eye is awakened, your vision will become clear. You will also burn the Manmata, you will be liberated from Manmata. You will live like Shiva, like Mahadeva.

If you align your thinking based on the principle of Advaita, Oneness, all your energy will become centered and stable on the Third Eye. The functioning of your Third Eye will enter into the next frequency.

Destroy Karmic Patterns and Incompletions

The more you use the Third Eye, the more the patterns and engrams engraved in your brain will start getting completed, because you are continuously working with Consciousness. The more you use Consciousness, the more you become Consciousness.

What we call 'karma' is nothing but the deep-rooted unconscious patterns and incompletions which force you into a vicious cycle of fear, greed and pain for lifetimes. When you start using the powers of your Consciousness freely, the unconscious parts of your mind are brought under the light of your Consciousness, and they automatically dissolve, clearing the karmas.



From man to Divine creation by Paramahansa Nithyananda at Inner Awakening®

Make Conscious Miracles your Lifestyle

Being a good human being is good, but it is not great! That is not the end of human possibilities. You are designed for extraordinary powers and capabilities.

You cannot talk about the power of seeing to a born-blind man. How much ever you talk, he won't be able to understand what is going to happen when he gains his vision.

In the same way, I can't talk about the Third Eye to you till your Third Eye is opened! When you awaken the Third Eye, your whole life will be different. What ordinary people call intuition will become your lifestyle. What people normally call spiritual powers will become your very lifestyle!

Frequently asked questions (FAQ)

Is Third Eye Vision a real spiritual power?

Third Eye Vision is a clear *siddhi*, a divine power, which comes to you by the awakening of your Third Eye with a proper process and the initiation of an Incarnation. It is not street magic. It can be reproduced on thousands or millions. There is no fraudulence involved in it. There is no magic involved in it. It is the pure spiritual power, a mystical science.

Is Third Eye AwakeningSM a permanent happening?

Yes. Once your Third Eye is awakened, it is permanent. If you have experienced Third Eye AwakeningSM earlier, but it went away after a while, understand it has never happened in you.

In what way is Third Eye AwakeningSM useful to my normal life?

With Third Eye AwakeningSM, you will see transformation in every area of your life. It will help you to achieve physical health. It will guide you to understand your physical or mental ailments and bring your body back to health, because the Third Eye is the seat of intuition and will-power.

It will help you have beautiful relationships, because you will just know the person, not his actions. You will be able to speak into people's listening and help people achieve completion.

You will be easily able to achieve anything you want with people.

Because you now have the key to command the Cosmos, you will be able to achieve anything you want in life - whether it is wealth or material comforts or success or enlightenment - *because the Cosmos will honor your will.*

Is Third Eye AwakeningSM a Miracle or a Science?

When an experiment is successfully reproduced multiple times with the same result, it is called SCIENCE, not MIRACLE. Thousands of children and adults are successfully demonstrating the science of Third Eye AwakeningSM at:

- ◆ Nithyananda GurukulSM;
- ◆ Nithyananda Bala Vidyalaya
- ◆ Kalpataru: Full-day Manifestation Program for adults
- ◆ eN-Memory : Full-day Memory Program for children
- ◆ Inner Awakening[®]: 21-day transformational program for adults and children

Can Third Eye AwakeningSM be dangerous in any way?

Like any other process, Third Eye AwakeningSM can be dangerous if you try some techniques on your own, or under the guidance of a person who is not an adept in Third Eye AwakeningSM. That can lead to adverse effects. So always make sure you are under the direct guidance of an enlightened being who is an adept in this science.

The techniques I am employing are most safe, because they are time-tested techniques drawn from the Vedic tradition, from the original source of this wisdom. Even though I have personally used these techniques and had the experience, they are completely authenticated by the Vedic tradition. They are from the Shaivagamas - Lord Shiva's teachings to Devi. I have experimented with these techniques and modified them to suit the modern mind and body, to lead you to a safe and natural awakening in the most effortless way.

So these techniques are foolproof when done as per instructions, with no negative side-effects. The only side-effects that you will experience are bliss, intelligence, power and enlightenment.



Inner Awakening[®], where The Avatar Awakens Third Eye

How are extraordinary powers awakened?

Even though they are called extraordinary powers, *siddhis* or yogic powers are not really extraordinary. They are meant to be experienced by each of us; they are our birthright as human beings.

Like all *siddhis*, Third Eye AwakeningSM is based on natural laws which modern science doesn't yet understand, though these laws were well understood among the enlightened scientists of the Vedic times. It all just depends on the vastness of your information; the amount of subtle information that you can handle.

Intuition is nothing but being able to see a much wider range of space or time.

A very physical example:

Let us say that a person is standing in the middle of a road and looking at both sides. How far he can see? A maximum distance of 100 or 200 meters on each side.

But if there is another person standing on the 10th floor of a nearby building and looking at the same road below, he will be able to see one kilometer on both sides. So when this person says that he sees a car coming down the road, the person on the ground is naturally going to think that this person is 'seeing' something that is not there! And when he also sees the car, he is going to think, 'Wow! The person standing in the building can predict the future! He has the power of intuition! He has *siddhi*, miraculous power!'

Past and future are not absolute terms. In the same way, distance is also not absolute. Actually, it is just a matter of expanding your vision to include more time and space.

When your Third Eye is awakened, you will be able to see everything from the higher plane. So you will be in tune with the actual Reality and can access what we normally call 'past' and 'future'.

How can I awaken my Third Eye?

The Third Eye awakens the moment you are initiated by an Avatar, whether you immediately experience it or not.

During initiation, the kundalini rises up your spine. When it touches your Third Eye, it is permanently activated. When you keep your awareness continuously on the Third Eye, it remains activated in a way you can physically experience.

Third Eye AwakeningSM is possible for everybody. I am not demonstrating these extraordinary powers as my glory; I am demonstrating them as your possibility!



What is blocking my awakening?

The Third Eye is blocked by nothing but your decision to be comfortable with your small identity and small life. It is the hard truth!

You feel that you continuously need to protect yourself against the Unknown, because you think you are powerless, you are weak, you are ignorant. Building your identity based on such wrong, misguided information is ego. Continuing to carry on with the same ego is arrogance. These two block your Third Eye.

When you open yourself to your own highest possibilities without fear or doubt, you will simply, smoothly, experience all the extraordinary powers. That is why children are able to express these powers far more easily than adults!



'Inner Awakening® is for everyone'

'Siddhis or miraculous powers are nothing but harnessing the natural laws which science has not yet understood.' With the responsibility and compassion to awaken these powers for every individual on our planet, Paramahansa Nithyananda is revealing this science in a safe and natural way to thousands of children and adults at INNER AWAKENING®, a 21-day personal transformation program he conducts several times each year that empowers you to 'rewrite your future.'

Mass Initiation and Third Eye AwakeningSM



'SHIVOHAM' Inner Awakening® program, Varanasi, India, 2015

The deep mystical, sacred process of Third Eye AwakeningSM, a gift by Paramahansa Nithyananda during the Inner Awakening® program. Varanasi city, being the very third eye of Lord Shiva, has been the cosmic energy center where this divinity making process happens by himself as the Master.



"Inner Awakening® is a program to awaken your inner potential powers, what we call Kundalini Shakti in vedic tradition. Once your Third Eye is awakened, you will start living a life of freedom, you will be liberated from your inner chatter. You will be living with what IS.

Third Eye is the energy center of intuition. This can give you a clear view about your past and future. If your Third Eye is not awakened, you will neither be clear about the past nor the future.."

~ Paramahansa Nithyananda



Participants practicing during the Third Eye AwakeningSM Meditation process that activates their ajna cakra, at the Inner Awakening® Program

"Multiple possibilities, powers open up and happen in you when your Third Eye is awakened"

~ Paramahansa Nithyananda

Third Eye Practice

Participants of all ages practicing reading with Third Eye at the Inner Awakening® program after the initiation



Adults Express Third Eye Power in Just 21 days

Many adults start expressing the powers of Third Eye AwakeningSM at the Inner Awakening® program in just 21 days after initiation by Paramahansa Nithyananda. Besides the blindfolded reading via the third eye, participants experience high intuitive capacities, causeless joy, significant health recoveries and completion. The program's paramount experience is initiation into SHIVOHAM (I Am Shiva. I am Divine) – the awakening to one's Divinity within. By opening the third eye, the Avatar awakens them to their peak potentiality that naturally expresses as success, leadership and powers.



Third Eye practice sessions continue world-wide even after the Inner Awakening® program



Kids Below 14 years age Successfully do Third Eye Reading & Writing

“For kids below 14 years, we are able to successfully make Third Eye AwakeningSM happen with ability to do blind-folded reading within 21 days. We have already made it a science.”

~ Paramahansa Nithyananda.



Practice to help Awaken the Third Eye

In regular life in India, continuously people work on Third Eye. Applying kumkum (processed turmeric herb worn on forehead) or bhasma (sacred ash) is a technique to work on the third eye; constantly you will be aware of it. For third eye, attention is the food. If you start giving your attention to the third eye, it will be awakened. It will start expressing energy.



Technique

Sit in a comfortable position with your head, neck and spine in a straight line. Relax and take a few deep breaths.

Step 1 (with open eyes)  **5 min**

Bring your attention to the area in between your eyebrows. Visualize that your Third Eye is open; you are looking through the Third Eye. It may be a little difficult at first, but you will get it within a few minutes.

Step 2 (with closed eyes)  **3 min**

Close your eyes and visualize an intense golden light entering into your body from the sky. The light is entering your head and getting centered, functioning, active on your Third Eye.

Step 3 (with open eyes)  **3 min**

Now, with open eyes, look through your Third Eye at my Third Eye, the spot where I am wearing the kumkum, the red dot. Continue to gaze at my third eye through your Third Eye. Visualize that you have a red color hole between your eyebrows and intensely look at my Third Eye.

Step 4

Relax. Close your eyes. If you wish, you can rest wherever you are sitting.

We are making every effort to ensure the success of Third Eye AwakeningSM process for all by evolving the science and continuing groundbreaking research and development. However, please note that the results are not guaranteed and may naturally vary from person to person, depending on individual capacities and readiness.

Third Eye AwakeningSM Experiences



When I do blindfold reading, it looks like everything is just coming like an image. It just pops up and goes. How I look at it is just like an image, sometimes an image or sometimes like how I look around, like with the normal two eyes.

You should be first self-confident when it comes, then with that confidence it will benefit you with everything. For me, there is no difference between a wish and a will. For example, when I want a toy and I wish for it, then it just happens. I just wish, I want a lego and it just happens.

~ Yogamata, 9-years old expressing powers of third-eye



Yogamata is showing me everyday what it means to believe in yourself and know that you can do anything. Anything is really possible. The way she approaches life or tackles problems is so beautiful and inspiring. She expresses so much intelligence and maturity; she is able to learn new subjects so quickly after the initiation. We knew that when we enrolled her in the Gurukul, Swamiji was going to teach her to be successful and a better human being but we never expected this.

~ Ma Shivajnana, mother of Yogamata



After Swamiji awakened my Third Eye, I am able to read comfortably even when blindfolded. The most surprising thing is that I am able to read languages like Tamil and Gujarati, which I normally don't know how to read! After these experiences, I feel that I have transformed a lot.

~ Ma Prajnana, Bengaluru, India
Nithyananda GurukulSM student



It all started with a clear, intense sensation between the eyebrows that made the entire body feel light. A cool intense energy was experienced the moment Swamiji started the initiation, which got profound as the time passed. It became a powerful experience, and what felt like a few minutes of an outer body experience (OBE) turned out to be a good 40 minutes. I never expected that this will happen!

- Shaktivel, Mumbai, India
Shivoham Inner Awakening participant, May 2015



I went up on stage after the initiation and was shocked to find that I could read a few words right in front of Swamiji. And it wasn't just me! Close to 600 people had Third Eye AwakeningSM from Swamiji that day. It is unimaginable what Swamiji is doing for the revival of our ancient mystical sciences and for the world.

- Poornima (Ma Nithya Devi), Singapore
Shivoham Inner Awakening[®] participant, May 2015



After Swamiji's initiation, I am able to recognize shapes and letters. I am a sketch artist, and I am enjoying drawing while blindfolded and seeing if all the elements are in the right place!

- Anne-Marie Casu, France
Shivoham Inner Awakening participant, May 2015

As soon as I started gazing into Swamiji's Third Eye, I felt a pulsation, like a heartbeat, in the area of my own Third Eye. When He instructed us to close our eyes, the pulse intensified, and I saw some swirling golden light in the center of my inner vision.



After the meditation, I was surprised to be able to immediately, accurately trace shapes on a page while blindfolded, and also my intuition increased a lot. Also, since Swamiji awakened my Third Eye, I no longer need to turn on the lights to do things like get ready for bed or see where I'm going at night.

So if you're thinking of going to Inner Awakening®, just jump into it - these 21 days will be the best, most transformational, awe- inspiring days of your life. Swamiji's presence is priceless - it has to be experienced!

- Ma Nithya Sudevi, USA

Shivoham Inner Awakening participant, May 2015



After the Third Eye AwakeningSM initiation from Swamiji, not only are the Balasants (Gurukul students) reading blindfolded in English, they have started reading in languages which they cannot read even with their eyes open - like German, Hindi, etc! Also, some of them are able to comfortably read off a sheet of paper which was kept elsewhere! One more inspiring

event which happened this week was that a lot of fifth graders got promoted to tenth grade, and are preparing for the board exam! Due to the awakening of the Third Eye, unimaginable intelligence has opened up in all Balasants.

- Sharanya Sridhar, Bengaluru, India
Nithyananda GurukulSM student



When Swamiji initiated us, I immediately noticed that with the children in the hall, it seemed like it just started happening on its own! Some of them were even reading complete sentences. Children do not have the self-doubt that adults have, so it simply happens for them. Swamiji has opened up this science for everybody; now it is up to each of us to open ourselves and receive it fully.

- Ananda Komala, Canada

Shivoham Inner Awakening participant, May 2015



The Next Step to Your Awakening

Create your conscious intention for the 21-days Inner Awakening® program for yourself and your children to receive the initiation to awaken your intuitive Third Eye in Shiva's sacred city, Varanasi. Experience awakening in the city of the awakened.

Get the power to reinvent your life and rewrite your future. Get blessings from Paramahansa Nithyananda for your intention.



Visit:

www.innerawakening.org

or

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USA/Canada:

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1-909-908-8080

Students and teachers of Nithyananda GurukulSM and volunteers of Nithyananda Sangha are currently touring selected cities in India, USA, Canada, Malaysia, Singapore, Dubai, etc.



JOIN US FOR A FREE DEMO & TRAINING IN YOUR CITY

- Demonstration by Third Eye awakened children of Nithyananda GurukulSM and Nithyananda Sangha
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*Varanasi, India - the third eye of Lord Shiva,
where He eternally resides blissfully*

*"Vara-nasi means the third eye of Shiva. If your third eye is
awakened, you will be liberated; you will live like Shiva."*

~ Paramahansa Nithyananda

All meditation techniques, practices and procedures described or recommended in this book, are suitable for practice only under the direct supervision of an instructor, trained and ordained by Paramahansa Nithyananda. Further, you should consult your personal physician to determine whether those techniques, practices are suitable for you in relation to your own health and ability. This publication is not intended to be a substitute for any personal medical attention, examination or treatment. Should any person engage in any of the techniques, practices described or recommended in this book, he would be doing so at his own risk.

Global Nithyananda Sangha in 347 Cities across 47 Countries



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